

General English Intensive - 30 lessons



Improve your English language skills with this comprehensive course, which is available at 5 levels from A2 to C1. Develop your understanding, fluency, and core communication skills, building confidence in using English while learning about a new culture.

Course Outline

A wide-ranging **General English** language course which aims to develop the key skills - reading, writing, listening and speaking - with immersion in dynamic international classes. Combining grammar and vocabulary with vibrant communication workshops to encourage oral expression and social connection. Led by Atlantic's team of experience ESL teachers, this course is delivered using the most up to date language teaching approaches.

All courses take place at the Atlantic Centre of Education in Galway, on Ireland's Wild Atlantic Way, offering participants the chance to explore Irish and local cultural heritage through a week-long programme that includes a full-day cultural tour, a guided walking tour of Galway city, and afternoon social and cultural activities, with staff available to recommend additional events and excursions.



Objectives

To improve English grammar and vocabulary appropriate to your CEFR level



To develop all key skills - reading, writing, listening and speaking



Practice speaking English in focused culture workshops designed to promote interaction, conversation and social networking



Enjoy an opportunity to improve your English skills while learning about a new culture and making connections with fellow professionals



Added value of the mobility

The course allows participants to refresh their English language ability across all skills and participate in an intensive programme, with a certificate to denote their performance at a CEFR level.

Activities to be carried out

- Communicative language classes focused on grammatical and vocabulary learning goals appropriate to the designated CEFR level.
- Assessment as part of ongoing evaluation of learner progress.
- Participation in communicative classes with a focus on project-based learning and fluency-building speaking activities.
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Expected outcomes and impact

Refresh and increase English language skills, acquiring confidence in using English to communicate in a variety of media and contexts. Share experience and knowledge, and the enjoyment of a new cultural environment with international colleagues.



Suitable for: All professionals including academic and administrative staff working in the education sector

Minimum Level of English: A2 to C1 (CEFR)

Certificate: Certification of Participation and Attendance

Programme Length: 5 days of tuition (Monday to Friday) + 1 full-day activity
25 hours

Documentation provided: STT Invitation letter, Europass, Work Plan (on request), End of Course Certificate

SAMPLE TIMETABLE

Morning: 9.00-12.30 // Afternoon: 1.30-3.00

****suggested timetable only, actual content may vary**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Class and Tour of Atlantic Icebreakers & needs analysis, and goal setting General English Lesson A2-C1 level	General English Lesson A2-C1 level	General English Lesson A2-C1 level	General English Lesson A2-C1 level	Reflection and Review Course Overview & Self-Assessment. Self-Study Resources + Next Steps.
LUNCH BREAK				
Erasmus Workshop English Language & Irish Culture Walking tour of Galway	Erasmus Workshop eg. Speaking Skills & Pronunciation Pub Social Evenin	Erasmus Workshop eg. Learn English through Music	Erasmus Workshop Museum Visit	Erasmus Workshop Phrasal Verbs & Idioms

SUNDAY

Full-Day Tour to Wild Atlantic Way

Possible tours include:

Cliffs of Moher

(throughout the year)

Connemara (from May to October)

Aran Islands (from May to October)

GENERAL ENGLISH: CULTURE AND CONNECTION

2026 COURSE DATES

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

STARTS EVERY MONDAY THROUGHOUT THE YEAR FROM 12 JANUARY TO 11 DECEMBER 2026. LEVELS: A2-C1

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