

# General English + 5 One-to-Ones

Maximise your English language progress with this combination course, which blends the benefits of group learning with the focus of individual one-to-one classes.

## Course Outline

General English + 5 One-to-Ones allows you to combine group General English classes in the morning with **one hour of private tuition** with an Atlantic teacher **each afternoon from Monday to Friday**. This dual-focused course gives you extra time to develop your English fluency. Individual classes allow you to concentrate on the skills you need to improve, while group sessions provide essential opportunities to practice communicating with classmates.

All courses take place at the Atlantic Centre of Education in Galway, on Ireland's Wild Atlantic Way, offering participants the chance to explore Irish and local cultural heritage through a week-long programme that includes a full-day cultural tour, a guided walking tour of Galway city, and afternoon social and cultural activities, with staff available to recommend additional events and excursions.

# Objectives

Learn effective English using the most up to date techniques and materials



Develop all key linguistic skills including reading, writing and listening



Practice communication skills through role-plays, pair work, group discussions



Focus on personal linguistic or professional needs through 5 one-to-one lessons with a private tutor



Enjoy the opportunity to explore special areas of interest in private lessons



## Added value of the mobility

Enjoy the personal benefits of cross-cultural communication with fellow learners while improving key English language skills in focused private classes.

## Activities to be carried out

- Target grammatical and vocabulary learning goals appropriate to the designated CEFR level – classes based on group work, interactive activities and the English needed for everyday communication.
- Practice communication skills and build fluency through pair work, role-plays, and discussion.
- Assessment as part of ongoing evaluation of learner progress.
- Improve key skills in one to one classes tailored to your needs.
- Cultural and Heritage Trips as a chaperoned group.

## Expected outcomes and impact

Refresh and increase English language skills, acquiring confidence in using English to communicate in a variety of media and contexts. Share experiences and knowledge, and enjoy a new cultural environment with international colleagues.



**Suitable for:** All professionals who would like to improve their English language skills and connect with others while experiencing the unique culture of the west of Ireland.

**Minimum Level of English:** A2 to C1 (CEFR)

**Certificate:** Certification of Participation and Attendance

**Programme Length:** 5 days of tuition (Monday to Friday)  
- 20 hours  
1 full-day activity (optional)

**Documentation provided:** STT Invitation letter, Europass, Work Plan (on request), End of Course Certificate

## SAMPLE TIMETABLE

**Morning: 9.00-12.30 // Afternoon: 1.30-3.00**

**\*\*suggested timetable only, actual content may vary**

| MONDAY                                                                                                                                                                                                                                                                                                      | TUESDAY                                                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                                                   | THURSDAY                                                                                                                                                                                                                                                           | FRIDAY                                                                                                                                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Welcome Class and Tour of Atlantic</b><br><br><b>Welcome Class – Group lesson at your English language level with mixed nationality class</b><br><br><b>Speaking &amp; Vocabulary</b> <ul style="list-style-type: none"><li>Topical discussions</li><li>Roleplays</li><li>Vocabulary expansion</li></ul> | <b>Reading &amp; Critical Thinking</b> <ul style="list-style-type: none"><li>Guided reading (graded readers, news articles, short stories)</li><li>Comprehension and discussion of key themes</li><li>Skimming/scanning practice &amp; vocabulary in context</li></ul> | <b>Grammar &amp; Writing</b> <ul style="list-style-type: none"><li>Guided lesson on a grammar point relevant to level</li><li>Controlled practice → free writing tasks (emails, essays, reports).</li><li>Peer correction &amp; teacher feedback.</li></ul> | <b>Listening &amp; Comprehension</b> <ul style="list-style-type: none"><li>Audio/video practice (conversations, interviews, podcasts, lectures).</li><li>Listening for gist &amp; detail.</li><li>Summarising orally or in writing to reinforce accuracy</li></ul> | <b>Integrated Skills &amp; Project Work</b> <ul style="list-style-type: none"><li>Group project or presentation</li><li>Integrating listening, speaking, reading &amp; writing.</li><li>Review of the week + personalised feedback</li><li>Receive access to self-study materials to build your English Language level.</li></ul> |
| <b>LUNCH BREAK</b>                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                   |
| <b>Private One to One Afternoon Lesson</b><br>with a Teacher tailored to your needs.<br><br><b>Walking Tour of Galway</b>                                                                                                                                                                                   | <b>Private One to One Afternoon Lesson</b><br>with a Teacher tailored to your needs.<br><br><b>Pub Social Evening</b>                                                                                                                                                  | <b>Private One to One Afternoon Lesson</b><br>with a Teacher tailored to your needs.                                                                                                                                                                        | <b>Private One to One Afternoon Lesson</b><br>with a Teacher tailored to your needs.                                                                                                                                                                               | <b>Private One to One Afternoon Lesson</b><br>with a Teacher tailored to your needs.                                                                                                                                                                                                                                              |

## SUNDAY

**Full-Day Tour to Wild Atlantic Way\***

**Possible tours include:**

**Cliffs of Moher**

(throughout the year)

**Connemara** (from May to October)

**Aran Islands** (from May to October)

\*optional extra

## GENERAL ENGLISH + 5 ONE-TO-ONES

### 2026 COURSE DATES

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

**STARTS EVERY MONDAY THROUGHOUT THE YEAR FROM 12 JANUARY TO 11 DECEMBER 2026. LEVELS: A2-C1**

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