# General English + 5 Business One-to-Ones

A combination course which allows you to enjoy the benefits of group learning while specialising in Business topics in individual one-to-one classes.

## **Course Outline**

General English + 5 Business One-to-Ones allows you to combine group General English classes in the morning and private one-to-one Business English tuition with an Atlantic teacher in the afternoon. Individual classes allow you to focus on the key areas of Business language and communication that are important to you. Our trainers will work with you to design classes to suit your professional needs — whether you are preparing for an important work event, building a specialist vocabulary, or simply hoping to improve your general Business English knowledge.

All courses take place at the Atlantic Centre of Education in Galway, on Ireland's Wild Atlantic Way, offering participants the chance to explore Irish and local cultural heritage through a week-long programme that includes a full-day cultural tour, a guided walking tour of Galway city, and afternoon social and cultural activities, with staff available to recommend additional events and excursions.

Learn effective English using the most up to date techniques and materials



Practice communication skills through role-plays, pair work, and group discussions



Use individual classes to build confidence in using Business English terminology naturally and fluently



Learn to express yourself in different work situations – formal meetings vs casual networking



Improve time and stress management skills + explore negotiation and conflict resolution techniques



# Added value of the mobility

Enjoy the personal benefits of cross-cultural communication with fellow learners while improving key English language skills in focused private classes.

## Activities to be carried out

- Target grammatical and vocabulary learning goals appropriate to the designated CEFR level – classes based on group work, interactive activities and the English needed for everyday communication.
- Assessment as part of ongoing evaluation of learner progress.
- Practice communication skills and build fluency through pair work, role-plays, and discussion.
- Improve Business English knowledge in one-to-one classes tailored to your needs.
- Cultural and Heritage Trips as a chaperoned group.

# **Expected outcomes and impact**

Improve English language skills, and practice using English to communicate in a variety of media and contexts. Build confidence using Business English in professional situations. Share experiences and knowledge, and enjoy a new cultural environment with international colleagues.

Suitable for: All professionals who would like to improve their English language skills and connect with others while experiencing the unique culture of the west of Ireland.

Minimum Level of English: A2 to C1 (CEFR)

Certificate: Certification of Participation and Attendance

Programme Length: 5 days of tuition (Monday to Friday)

- 20 hours
1 full-day activity (optional)

Documentation provided: STT Invitation letter, Europass,
Work Plan (on request), End of
Course Certificate

## **SAMPLE TIMETABLE**

Morning: 9.00-12.30 // Afternoon: 1.30-3.00

\*\*suggested timetable only, actual content may vary

## **MONDAY**

#### Welcome Class and Tour of Atlantic

Welcome Class – Group lesson at your English language level with mixed nationality class

#### Speaking & Vocabulary

- Topical discussions
- Roleplays
- Vocabulary expansion

#### **TUESDAY**

## Reading & Critical Thinking

- Guided reading (graded readers, news articles, short stories)
- Comprehension and discussion of key themes
- Skimming/scanning practice & vocabulary in context

#### **WEDNESDAY**

#### **Grammar & Writing**

- Guided lesson on a grammar point relevant to level
- Controlled practice → free writing tasks (emails, essays, reports).
- Peer correction & teacher feedback.

## **THURSDAY**

## Listening & Comprehension

- Audio/video practice (conversations, interviews, podcasts, lectures).
- Listening for gist & detail.
- Summarising orally or in writing to reinforce accuracy

#### **FRIDAY**

## Integrated Skills & Project Work

- Group project or presentation
- Integrating listening, speaking, reading & writing.
- Review of the week +
   personalised feedback
- Receive access to selfstudy materials to build your English Language level

### **LUNCH BREAK**

## Private One to One Afternoon Lesson

with a Teacher tailored to your Business English needs.

**Walking Tour of Galway** 

## Private One to One Afternoon Lesson

with a Teacher tailored to your Business English needs.

**Pub Social Evening** 

## Private One to One Afternoon Lesson

with a Teacher tailored to your Business English needs

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#### **SUNDAY**

Full-Day Tour to Wild Atlantic Way\*

Possible tours include:

Cliffs of Moher

(throughout the year)

Connemara (from May to October)

Aran Islands (from May to October)

\*optional extra

#### **GENERAL ENGLISH + 5 BUSINESS ONE-TO-ONES**

**2026 COURSE DATES** 

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

STARTS EVERY MONDAY THROUGHOUT THE YEAR FROM 12
JANUARY TO 11 DECEMBER 2026. LEVELS: A2-C1

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