# ERASMUS+ COURSE PROSPECTUS

FOR EDUCATION STAFF: PRIMARY, SECONDARY, VOCATIONAL & ADULT EDUCATION

2025

П Z N Ш 

Erasmus OID : EI0256058

# Excellence in Professional Development

Atlantic was founded in 1993 with the mission to provide high-quality English language education in a dynamic and supportive environment.

Over the past three decades we have grown from a small language school to a respected education centre, offering a diverse range of courses designed to meet the needs of students and professionals from around the world.

Situated in the heart of **Galway**, a vibrant cultural hub, we offer an immersive learning experience that combines academic excellence with rich cultural activities.

### **Comprehensive Support:**

From personalized academic support to comfortable accommodation options, we provide everything you need to make your stay productive and enjoyable.

Our Mission is to provide high-quality, accessible professional development programs that nurture innovation, foster cross-cultural understanding, and enhance the skills of educational staff across Europe.



### Atlantic

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"I could see the change it has made in only five working days, not only in me but also in my colleagues who are less proficient than me in English. Everything has been fantastic; we recommend Atlantic even just for a week, because it makes the difference, especially for teachers, as it gives you the material, structures, preparation and confidence you need to be a better teacher."

Carmela Fiengo Istituto Comprensivo Regina Margherita, Italy

### **Erasmus+ at Atlantic**

### **Erasmus+ Information**

### **ERASMUS+ PROGRAMME**

Erasmus+ is the EU's programme designed to support education, training, youth, and sport. It provides funded opportunities for participation in courses, exchanges, and cross-country projects.

Staff from all education sectors can apply for grants to join training courses or collaborative projects, enhancing their professional skills and experiences.

### **HOW ERASMUS+ WORKS**

Educational institutions can apply for grants as institutions, allowing staff members to join individual training courses or projectbased activities.

To apply for an Erasmus+ grant, contact your institution's International or Erasmus+ Coordinator.

To participate in an Atlantic Centre of Education Erasmus+ Course, register online through our website.

We will confirm your place with a Letter of Invitation or Acceptance, which you may need for your grant application.



### **Erasmus+ at Atlantic**

### **Erasmus+Information**

### BENEFITS OF THE ERASMUS+ PROGRAMME

The Erasmus+ Programme provides numerous opportunities for both personal and professional growth:

- Enhance your professional skills such as English language fluency, communication, public speaking & team building.
- Experience studying abroad in a new environment.
- Share knowledge and expertise with partners from other countries and cultures.
- Immerse yourself in a new culture.
- Establish valuable professional contacts with fellow educational staff from across Europe.

### WHAT IS AN ERASMUS+ COURSE?

An Erasmus+ Course is a training period (minimum 2 days excluding travel time) for which you can apply for funding through your organization.

Atlantic Centre of Education offers 5-day courses specifically designed for HE Staff who wish to travel to a partner country as part of the Erasmus+ Programme.

Before starting your training, the sending institution and the receiving institution (Atlantic Centre of Education) sign a Mobility Agreement outlining your learning goals, rights, and responsibilities

### ELIGIBILITY FOR ERASMUS+ FUNDING

Erasmus+ offers mobility and cooperation opportunities for teachers and staff from various education sectors:

- Higher Education
- Vocational Education and Training
- Secondary and Primary Education
- Adult Education
- Youth and Sport

Staff from these sectors can apply for grants to participate in training opportunities abroad.

Atlantic Centre of Education offers specialized training courses for Education Staff: Primary, Secondary, Vocational & Adult Education.

### ERASMUS+ GRANT DETAILS

Erasmus+ grants contribute to your costs for travel, subsistence, and training. The grant amount varies based on:

- The receiving country
- The level of demand from your country
- The distance between your country and the destination

For specific information about grants in your region, consult your Erasmus+ coordinator or in your institution.

### **ORGANIZATION ID (OID)**

The Organisation ID (OID) is a unique code required for institutions to participate in the Erasmus+ Programme.
The Atlantic Centre of Education's OID is E10256058.





### WHO WE ARE

Since 1993 Atlantic has ranked as one of Ireland's premium English language schools.

Today it has expanded its educational focus to specialise in providing English and teaching development courses for education staff who wish to develop the skills and practical knowledge required to progress in an internationalised climate where English is the 'lingua franca'.

### ERASMUS COURSES FOR TEACHING STAFF

As a recognised Erasmus+ institution, Atlantic collaborates with hundreds of schools and colleges from all across Europe.

We offer Erasmus+ courses for Primary, Secondary & Vocational Staff designed to meet the professional development needs of staff who need to teach through English, update their own language skills, or find new ways to engage and motivate their students.

If you work in a school or college we can offer you a course to suit your professional development needs. "It was raining outside, but once we entered the school everything changed, the atmosphere was very welcoming and bright, everyone was smiling and we were welcomed very warmly, as if the sun itself "appeared" in the building!

The group I was assigned to for the classes was very open to getting to know each other and the Professor created a pleasant, magical environment where we felt like a big family and could talk freely. "

Niculae Catalina Corvinus School of Management, Hungary





**Learning with Atlantic** 

# Expert Teaching Support

At Atlantic, we pride ourselves on the quality of our teaching.

Our instructors are skilled educators who are passionate about helping you succeed.

We **continuously improve** our teaching methods and ensure that every student receives the support they need.

Personalized feedback, one-onone mentoring, and dedicated academic support are just some of the ways we ensure your learning experience is second to none. **Atlantic Learning Environment** 

# High-Quality Facilities

Located in the centre of **Galway City**, Atlantic is a purpose designed school with state of the art facilities.

Classrooms are equipped with the latest technology, and our campus offers various amenities, including a library, computer labs, and comfortable study areas.

We ensure that our facilities meet the highest standards, creating a conducive environment for both study and relaxation.





# Erasmus+ Funding Opportunities

Participation in any Erasmus+ course can be **funded** by applying through your academic institution for a grant.

As the organising or receiving institution, Atlantic will provide the required documents including the Staff Mobility for Training (STT) invitation, work plan and Certificate of Participation.

Atlantic can also organise custom-designed courses for staff groups of more than 5.



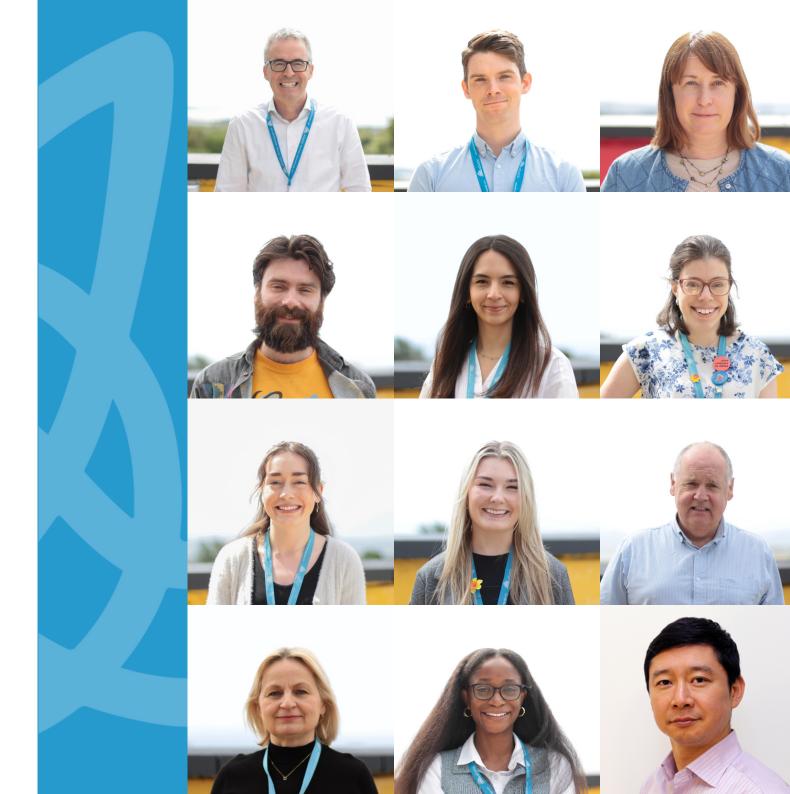
**Atlantic Learning Environment** 

## The Atlantic Team

Our team at Atlantic is a diverse group of professionals committed to your success.

Our academic team, administrative staff and our friendly student services team are all here to ensure your time at Atlantic is supportive and enjoyable.

We foster a community atmosphere where every student feels valued and supported.





### **Atlantic Environment**

### Galway City

### **HOW TO GET HERE**

Galway is well served by three of Ireland's major airports,
Dublin, Shannon and Ireland
West.

A regular Bus Service connects each of these airports with Galway city.

### **WHERE TO STAY**

Atlantic has partnered with accommodation providers in Galway to offer 2 & 3 bedroom apartment accommodation in addition to the many hotels, B&Bs and private rentals that are on offer in the city.

### **Atlantic Student Experience**

# Cultural Experience in Galway

The Erasmus experience in **Galway** is about more than just studying; it's about encountering a new culture and making exciting connections.

Outside the classroom, there is lots to explore.

Voted one of the top cities in the world to visit by Lonely Planet, Galway is a lively and charming city on the west coast of Ireland.

It's narrow medieval streets are full of musicians and lined with traditional pubs and cosy cafés. Home to some of Ireland's best loved Arts festivals, Galway is a centre of culture, offering a unique and enriching environment for your studies.

As part of your course, you can enjoy an excursion to one of the lovely destinations on the Wild Atlantic Way – the Aran Islands, the Cliffs of Moher or Connemara.

In the afternoons and evenings there are lots of activities to choose from: enjoy a music session in one of Galway's traditional pubs, try Irish dancing, cycle along the beautiful Corrib River, taste some whiskey in a local distillery, taste the best of Galway on a Food Tour.





"Participating in the course allowed me to acquire knowledge of new teaching methods, which I will certainly use in the teaching process during my classes. The methods I have learned will allow me to activate students during classes. It was important to meet people from other countries and exchange experiences in the field of good teaching practices."

Ewa Korzeniewska Lodz University of Technology, Poland

### **Atlantic Courses**

### **Minimum Language Level**

CLIL for Primary Teachers	B1
CLIL for Secondary Teachers	BI
Beyond CLIL: Engaging Students Through the 4 C's	В
Job Shadowing for English Language Teachers	BI
Learning Through Music	BI
New Approaches to Teaching: Universal Design Learning	BI
Tools for Mindful Educators	BI
Social and Emotional Learning for Educators	Bl
English Language & Irish Culture	BI
Intensive General English	A2

### **CLIL for Primary Teachers**

Explore the principles and techniques of Content and Language Integrated Learning (CLIL) specifically tailored for primary education. This course will help you integrate language and subject content in a way that engages young learners, fostering both their language development and academic growth.

### WHO IS IT FOR?

This course is ideal for primary school teachers who wish to implement CLIL methodologies in their classrooms. Whether you're new to CLIL or looking to refine your skills, this course will provide you with practical strategies and resources.

### WHAT WILL I LEARN?

You'll learn how to design and deliver lessons that simultaneously teach subject content and language. The course will guide you in adapting materials for a younger audience, ensuring that your students develop both language proficiency and content knowledge.





Design effective CLIL lessons for young learners

Adapt content to suit language learning needs

Integrate languageobjectives into subjectteaching

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Setting Objectives	Teaching Content, Culture, Communication & Cognition	Developing Language & Fluency	Fun with Subjects	Exciting Next Steps
Options include; Connemara	Getting to know you!			Working with more than one subject	Planning Lessons
Aran Islands  Cliffs of Moher	Orientation	The four C's of CLIL	Introducing language + scaffolding lessons	Making Assessment fun	Ideas Sharing & Mini Presentations
	Intentions + Objectives			Collaboration & Project Work	Peer & Trainer Feedback
	Overview of CLIL for Young Learners	Practical solutions to engage young learners	Balancing fluency & accuracy		
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### **CLIL** for Secondary Teachers

Dive into the advanced strategies of CLIL for secondary education, focusing on the challenges and opportunities of teaching content subjects in English. This course equips you with the tools to deliver complex subject matter while supporting language development.

### WHO IS IT FOR?

This course is tailored for secondary school teachers who are implementing or planning to implement CLIL in their teaching. It is suitable for educators across various subjects who are interested in enhancing their students' language and content learning.

### WHAT WILL I LEARN?

You'll explore advanced CLIL methodologies, learning how to design and deliver lessons that effectively combine content teaching with language acquisition. The course will also cover assessment strategies and ways to support students of varying language proficiency levels.





- Develop advanced CLIL lesson plans for older students
- Implement assessment strategies in CLIL contexts
- Support diverse language abilities in content classes

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Setting Objectives	Teaching Content	Language & Fluency	Working Together & Assessment	The Beginning and the End – Review
Options include;	Basics of CLIL	Soft vs Hard CLIL	When Should you Introduce Language Work and How?	Working with a Subject Teacher	Participant Presentation - Presenting Your Work
Connemara  Aran Islands  Cliffs of Moher	Orientation			Assessment in CLIL: Language or Content? Or Both?	Peer and Trainer Feedback
	Needs Analysis	Teaching Content in Learner - Centred Education	Fluency vs accuracy: getting the balance right in CLIL		Assessment of Learning
	Setting of Learning Outcomes				
	Overview of CLIL	Using Task-Based Learning to Engage Learners in Content			
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Beyond CLIL: Engaging Students Through the 4 C's



Go beyond the basics of CLIL to explore innovative approaches and strategies that push the boundaries of content and language integrated teaching. This course is designed for educators who want to take their CLIL practice to the next level.

### WHO IS IT FOR?

This course is perfect for experienced CLIL teachers looking to deepen their understanding and enhance their teaching practice. It's ideal for educators who have already implemented CLIL and are ready to explore more complex and innovative methodologies.

### WHAT WILL I LEARN?

You'll discover new ways to integrate language and content, experimenting with cutting-edge techniques and approaches. The course will challenge you to rethink traditional CLIL practices and consider new, creative ways to engage your students.



Explore innovative CLIL methodologies

Experiment with new approaches to language and content integration

Enhance student engagement with creative teaching strategies

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Setting Objectives and Fundamentals of 4Cs	Cognition and Communication (I)	Communication (II) and Collaboration	Culture, Assessment and Evaluation	ldeas Sharing & Feedback
Options include; Connemara	Getting to Know You!	C for Cognition: Strategies for Critical Thinking and Problem Solving	Integrating Technology and Multi-Media Resources	Reflecting on Importance of Culture in Student Engagement	Planning Lessons
Aran Islands Cliffs of Moher	Intentions & Objectives	Analyzing Effective Communication Strategies	Creating Interactive and Engaging Presentations	Techniques for Inclusivity, Respect and 'Growth Mindset'	Ideas Sharing & Mini Presentations
	Overview of language acquisition theories	Designing Cognitive Tasks	Identifying Dos and Don'ts of Collaboration	Tools and Techniques to Develop Assessment for 4Cs	Peer & Trainer Feedback
	Introduction to 4Cs	What Would You Do: Simulating Teacher, Student Communication Scenarios	Developing Effective Collaborative Activities		
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Job Shadowing for English Language Teachers



Immerse yourself in a real-world teaching environment by shadowing experienced English language teachers. This course offers a hands-on opportunity to observe, reflect, and learn from seasoned professionals in the field.

### WHO IS IT FOR?

This course is ideal for English language teachers at any stage of their career who are looking to gain insights into different teaching styles and classroom management techniques. It's a great opportunity for those seeking to broaden their professional experience.

### WHAT WILL I LEARN?

You'll gain practical insights into classroom management, lesson planning, and teaching strategies by observing experienced teachers in action. The course also includes reflective sessions to discuss observations and apply new ideas to your own teaching.



Observe experienced teachers in real classroom settings

Gain new classroom management and lesson planning ideas

Reflect on and apply new teaching strategies

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Class Observations	Class Observations	Class Observations	Class Observations	Class Observations
Options include; Connemara	Setting Objectives	How Can We Motivate & Engage Language Learners?	Creating Imaginative Lessons	Incorporating Assessment & Feedback	Ideas Sharing & Feedback
Aran Islands  Cliffs of Moher	Getting to Know You	Building Confidence	Adapting Materials to Create Meaningful Lessons	Types of Assessment for Language Learners	Planning Lessons
	Intentions & Objectives	Resources to Engage & Motivate All Levels	Task Based Learning	Effective Peer Work Strategies	Ideas Sharing & Mini Presentations
	Active Language Learning Methodologies at Atlantic	Scaffolding Lessons		Setting Goals Monitoring & Giving Feedback	Peer & Trainer Feedback
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Learning Through Music

Discover the power of music as a tool for learning and engagement in the classroom. This course explores how music can be integrated into various subjects to enhance student motivation and retention of material.

### WHO IS IT FOR?

This course is designed for teachers of all subjects who are interested in incorporating music into their teaching. Whether you're a music teacher or teach another subject, this course will provide you with creative ways to use music to support learning.

### WHAT WILL I LEARN?

You'll learn how to use music to reinforce content, engage students, and create a dynamic learning environment. The course covers practical techniques for integrating music into lesson plans and assessments.





Incorporate music into various subject lessons

Use music to enhance student engagement and retention

Develop creative lesson plans that integrate music

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	My Musical Life	My Musical Mind	My Musical History	My Musical Relationships	My Musical Lesson Ideas
Options include;	Getting to Know You Through Music	Music & the Mind - Improving Cognitive Performance	Music & My Generation	Importance of Group Song & Sound	Music & Inspiration
Aran Islands  Cliffs of Moher	Our Musical Mind Maps	Musical Moods & Classroom Management	Music & Culture	Music for Social Cohesion, Inclusion & Teambuilding	Creative Projects & Memorable Lessons with Music
	Engaging Learners Through Music	Language Development Through Music & Song	Exploring Historical Context Through Song	Group & Solo Activities	Ideas Sharing Workshop & Presentation of Next Steps
		Connecting with Learners through Music They Identify With			
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

"This program has been a transformative experience, providing me with tools and knowledge to integrate sustainable practices in the classroom. Visiting Galway and collaborating with educators from other European countries has been like a breath of fresh air, renewing my commitment to environmental education."

Eduardo Terán-Yépez Universidad de Almería, Spain





"I found this course practical with readyto-use ideas to implement into my teaching and improve our awareness of students' emotions"

**Jane Breiger-John**Universite Paris-Saclay, France

# New Approaches to Teaching: Universal Design Learning

Explore the principles of Universal Design Learning (UDL) and how they can be applied to create inclusive and accessible learning environments. This course focuses on designing lessons that meet the diverse needs of all students.

### WHO IS IT FOR?

This course is ideal for educators at all levels who are committed to inclusive education. It's perfect for teachers who want to ensure that all students, regardless of ability, can access and engage with their lessons.

### WHAT WILL I LEARN?

You'll gain a deep understanding of UDL principles and how to apply them in your teaching. The course will guide you in designing lessons that are flexible, engaging, and accessible to all students.









Ensure all students can engage with and benefit from your teaching

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Introducing UDL	Adapting UDL	Building UDL Resources	Planning UDL Lessons	Presenting UDL
Options include; Connemara Aran Islands	Getting to Know You	Universal Design Learning adapted to the traditional classroom	Building a Portfolio of Universal Design Learning Resources	Assessment Options for Universal Design Learning	Peer Presentation
Cliffs of Moher	Setting Objectives	Representation, Action & Expression to Accommodate Diverse Student Needs	Knowledge Sharing & Reflection on Current Teaching Practices	Incorporating Universal Design Learning to your classroom	Next Steps with UDL in my Classroom
	Introduction to Universal Design Learning Framework & Principles			Plan a Lesson Using the Universal Design Learning approach	Feedback & Self Assessment
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Tools for Mindful Educators

BI

Equip yourself with mindfulness tools and techniques to enhance your teaching practice and support your own well-being. This course provides educators with strategies to cultivate mindfulness in both their personal and professional lives.

### WHO IS IT FOR?

This course is ideal for educators who want to integrate mindfulness into their teaching and daily routines. It's perfect for those looking to reduce stress, improve focus, and create a more mindful learning environment for their students.

### WHAT WILL I LEARN?

You'll learn practical mindfulness techniques to incorporate into your teaching and personal life. The course will help you develop a calm, focused approach to teaching, benefiting both you and your students.



Integrate mindfulness practices into your teaching

Reduce stress and improve focus in the classroom

Cultivate a calm and mindful learning environment

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way  Options include;	Intentions, Objectives & Defining Mindfulness & Emotional Intelligence	Incorporating Mindfulness into my Life	Mindfulness and the People & Situations that Affect Me	Mindfulness for Academic Performance	Becoming a Mindful Educator
Connemara Aran Islands Cliffs of Moher	Basic Mindfulness Practices	Increasing Wellbeing & Reducing Stress	Embracing Difficulty & Overcoming Challenges	Using Technology	Creating & Implementing a Project
	Exploring the Theory of Emotions Template for Creating a GROW Project	Increasing Performance, Self-Esteem & Focus	Enhancing Teamwork & Developing Compassion	Stimulating Creativity & Critical Thinking	GROW Project Presentations
			Resolving conflicts	Adapting & creating resources	Peer & Trainer Feedback
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Social & Emotional Learning for Educators



Learn how to integrate social and emotional learning (SEL) into your teaching practice to support the overall well-being and development of your students. This course offers strategies for fostering a positive classroom environment where students can thrive.

### WHO IS IT FOR?

This course is designed for educators at all levels who are committed to supporting their students' social and emotional development. It's ideal for teachers who want to create a nurturing and supportive classroom atmosphere.

### WHAT WILL I LEARN?

You'll learn how to implement SEL strategies in your classroom to help students develop essential life skills. The course covers techniques for promoting emotional well-being, building positive relationships, and creating a supportive learning environment.



Make Implement SEL strategies in the classroom

Promote students' emotional well-being and development

Create a positive and supportive learning environment

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Self-Awareness	Self-Management	Social Awareness	Relationship Skills	Responsible Decision- Making
Options include; Connemara	Getting to Know You	Building a Deeper Insight of Self-Management	Gaining a Better Understanding of Social Awareness in the Classroom	Identifying Key Communication Skills: Listening "between the lines'	Considering Ethical Responsibilities
Aran Islands Cliffs of Moher	Setting Objectives	Analysing Strategies Teachers can use to Build Self-Management Skills in their Students	Exploring Strategies for Enhancing Student's Social Awareness	Resolving Conflicts	Analysing & Solving Problems
	Sharing Intentions, Outlining Objectives and Defining Social & Emotional learning			Sharing Anecdotes	Presenting Reflections on Social & Emotional Learning
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### English Language & Irish Culture

BI

Combine language learning with cultural immersion in this unique course that offers an in-depth exploration of Irish culture. This course provides a rich language learning experience, enhanced by the context of Ireland's history, literature, and traditions.

### WHO IS IT FOR?

This course is perfect for educators, students, or professionals who want to improve their English language skills while gaining a deeper understanding of Irish culture. It's ideal for those who appreciate cultural learning alongside language development.

### WHAT WILL I LEARN?

You'll improve your English language proficiency while exploring Irish history, literature, and cultural traditions. The course offers a blend of language instruction and cultural immersion, making learning both engaging and meaningful.



Enhance English language skills through cultural immersion

Explore Irish history, literature, and traditions

Experience Ireland's unique cultural landscape

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	Life in Ireland	What is Ireland Famous for?	A Brief Introduction to Irish History	Importance of Music in Ireland	Reflection & Review
Options include;	Questions for an Irish Person about Ireland	Irish Culture Around the World	The Celts	Contemporary Irish Music	What we have Learned
Connemara Aran Islands	General Knowledge Quiz	Origins of Halloween	The Famine & The Legacy of Immigration	Traditional Music in Ireland	Presentation of Research Gathered
Cliffs of Moher	Research Groups & Task Allocation	Recent Issues in Contemporary Ireland	Irish Independence	Falling in love with Irish Dance	Feedback & Review
	Indirect Question Forms when Interviewing Irish People.	Significant Changes in Recent Years	Northern Ireland; Complex History & Society	Learning English Through Songs & Music	
		Hedging & Generalised Statements	The Irish Language + Irish English		
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### Intensive General English

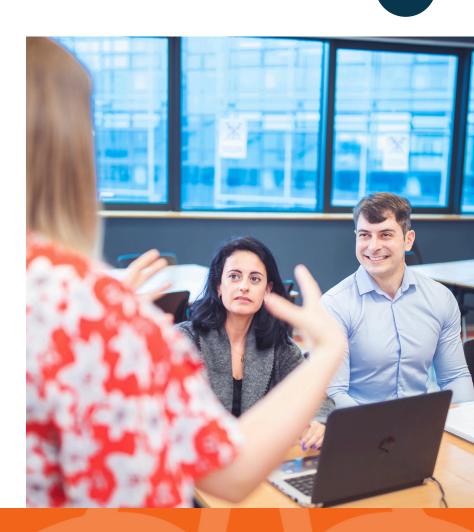
Improve your English language skills with this comprehensive course which is available at 5 levels. Develop understanding, fluency and core communication skills, growing your confidence in using English.

### WHO IS IT FOR?

All primary, secondary, vocational and adult education teachers who want to refresh, improve, or boost their English language skills. This course is ideal for those needing to improve their English for work or growth.

### WHAT WILL I LEARN?

You will take part in dynamic international classes which encourage intensive immersion in English. Using an interactive and communicative approach, our experienced teachers will help you to practice the key skills of reading, writing, listening and speaking. You will also build your grammar knowledge and vocabulary in accordance with your language level. The goal of these classes is to increase your fluency and accuracy using English in day-to-day interactions.



- Enhance overall English proficiency through intensive practice
- Focus on speaking, listening, reading, and writing

Engage in real-life language scenarios

### Course Timetable

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full-Day Excursion on Wild Atlantic Way	General English Class				
Options include;  Connemara  Aran Islands  Cliffs of Moher	A1 - C1 Levels Available Focus on Speaking, Listening, Reading, Writing, Vocabulary, Grammar	A1 - C1 Levels Available Focus on Speaking, Listening, Reading, Writing, Vocabulary, Grammar	A1 - C1 Levels Available Focus on Speaking, Listening, Reading, Writing, Vocabulary, Grammar	A1 - C1 Levels Available Focus on Speaking, Listening, Reading, Writing, Vocabulary, Grammar	A1 - C1 Levels Available Focus on Speaking, Listening, Reading, Writing, Vocabulary, Grammar
	Communication Class Focus on Improving Spoken Skills (Fluency & Pronunciation)				
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	

### **Visit Atlantic**

### Join us at Atlantic

We invite you to join the Atlantic community and take the first step toward achieving your goals.

Whether you're looking to advance your career, improve your English proficiency, or experience a new culture, we have the perfect course for you.

Contact us today to learn more about our programmes and start your journey with us.

### Don't wait to get started!

Check out the QR code below to find out more or email us at <a href="mailto:erasmus@atlantic.ac">erasmus@atlantic.ac</a> if you need additional help.







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atlanticlanguage.com

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