

EFFECTIVE STRATEGIES FOR TEACHERS OF MIGRANTS

We have designed a new course to aid Educators of students who may have experienced trauma, displacement, conflict or loss.

COURSE OUTLINE

The first week of this two-week course focuses on the benefits of Social & Emotional Learning (SEL) adapted to the needs of students in this context.

The second week of the course allows participants to experience the benefits of incorporating mindfulness through practical activities to create a calming environment for both learners & educators.

COURSE OBJECTIVES

Overall objectives of the mobility

- Discover the benefits of the SEL & Mindfulness framework and principles for your classroom.
- Learn how SEL & Mindfulness can enhance learning environments for teachers and students.
- Develop strategies for providing routines and tackling barriers to accommodate diverse learners' needs, preferences and backgrounds.
- Reflect on current teaching practices and identify areas where new tools can be added
- Build a portfolio of different SEL & Mindfulness resources.

Added value of the mobility

Explore new concepts in teaching while practising English and sharing experiences with fellow teachers.

Activities to be carried out

- Interactive teaching with input sessions, individual, and group work.
- Skills-focused workshops to develop teaching materials based on SEL & mindfulness principles e.g. strategies to aid student inclusion and create an environment of trust and connection.
- Feedback sessions during which participants reflect on their own practice while sharing knowledge and skills.
- Cultural and heritage trips as part of a chaperoned group.

Expected outcomes and impact

This course provides a professional development opportunity to explore the benefits of using SEL & Mindfulness in Lesson Planning and Classroom Management within an environment where students may struggle to integrate into a traditional classroom environment.

Through workshops, group tasks, and knowledge-sharing activities, we look at how this framework can be adapted to create lessons for a diverse range of learners. The opportunity to experience new cultural contexts and network with international colleagues is an added positive outcome.

CULTURAL PROGRAMME

The courses are delivered at the Atlantic Centre of Education in Galway on Ireland's 'Wild Atlantic' Coast, and participants have ample opportunity to learn about the cultural heritage of both Ireland and the local area. The two-week programme includes a full-day cultural tour of a local area of scenic and heritage value, a guided historical walking tour of Galway City, and afternoon social and cultural activities. Our staff are happy to suggest other tours and events to enjoy during your stay in Galway.



Suitable for:

Teachers/ Trainers of Students from a Refugee Background.

Minimum Level of English

B1 (CEFR)

Programme Length

10 days tuition (Monday – Friday)
+ 1 full-day activity 25 hours per week

Certification

Certification of Participation and Attendance

Documents Provided

STT Invitation letter, Europass, Work Plan (on request), Certificate



Atlantic
CENTRE OF EDUCATION

Atlantic Centre of Education

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Fairgreen Road, H91 AXK8, Galway

SAMPLE TIMETABLE

*SUGGESTED TIMETABLE ONLY, ACTUAL CONTENT MAY VARY

WEEK 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOCUS of the DAY	Introduction to SEL	Embedded SEL	Formal SEL	Planning SEL Lessons	Presenting SEL
Full-Day Excursion on Wild Atlantic Way Options include: Connemara Aran Islands Cliffs of Moher	Establishing Intentions & Objectives	Self-Assessment: How are you promoting SEL in your classroom?	Integrating SEL explicitly- barriers and strategies	Integrating SEL academic subjects + Lesson Planning	Peer presentation
	Introduction to SEL; Common definitions and framework	The first step- Creating routines for embedding SEL	Tools for formal SEL instruction	Assessment and Evaluation in SEL lessons	Becoming a SEL Educator
	Key considerations in teaching RBS Barriers to implementing SEL	Practicing implicit activities for embedding SEL	Resources for English Language Teaching to RBSs	The importance of Reflection Activities in SEL	Feedback + Self-Assessment
Afternoon Programme	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	Irish Culture Workshop	Communication Class

COURSE DATES

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
		24-28	14-18	5-9	16-20 30-4	14-18	4-8 11-15	1-5			

SAMPLE TIMETABLE

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WEEK 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FOCUS of the DAY	DEFINING	COACHING	REFLECTION	CREATIVITY	PRESENTATION & PRACTISE
Full-Day Excursion on Wild Atlantic Way Options include; Connemara Aran Islands Cliffs of Moher	Establishing Intentions & Objectives	Template for Creating a GROW Project	Embracing Difficulty & Overcoming Challenges	Artistic Expression & Mindfulness	Becoming a Mindful Educator
	Demonstration of Mindful Activities/Basic Mindfulness Practices	Mindfulness Self-Assessment	Active Listening Enhancing Teamwork & Developing Compassion	Stimulating Creativity & Critical Thinking	Presenting Mindful Exercises
	Identification & theory of Emotions	Reducing Stress & Increasing Focus	Resolving Conflicts	Adaptation & Depiction of Lesson Content	Peer & Trainer Feedback
Afternoon Programme	Communication Class	Pub Night	"Skills Boost" Wednesday Workshop	Learn English through Music	Communication Class

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