# **ERASMUS+ COURSE FOR HIGHER EDUCATION STAFF**

# TEAM BUILDING SKILLS FOR PROFESSIONALS

This course is designed to assist Higher Education Staff to develop the teamwork skills required to work more effectively and productively in their departments and projects.

# **COURSE OUTLINE**

The Team Building Skills course is designed to assist Higher Education staff to develop the teamwork skills required to work more effectively and productively in their departments and projects. The course will examine topics such as team development, team roles, group dynamics, and conflict management, and considers the role of teamwork within the culture of Higher Education. Participants will also have the opportunity to share ideas and collaborate with fellow Higher Education staff from around Europe.

# **COURSE OBJECTIVES**

### Overall objectives of the mobility

- To explore how to develop team building skills in a HE setting.
- To gain practical ideas and tools which can assist participants to create and manage teams effectively.
- To share best practices with fellow HE staff.

### Added value of the mobility

The course equips participants to build positive workplace practices - to gain confidence in their ability to work effectively in a team or to build productive teams.

#### Activities to be carried out

Interactive teaching with input sessions, individual and group work. Exploration of tools and practices to build a team and make it operate successfully. Workshop sessions to analyse and explore situations pertinent to the HE sector. Cultural and heritage trips as part of a chaperoned group.

#### **Expected outcomes and impact**

This course provides a professional development opportunity for participants which aims to enhance their ability to work effectively in or build a team in the HE sector. Through inbuilt dissemination activities, participants are invited to share knowledge and skills acquired with their colleagues. The opportunity to share ideas and collaborate with fellow Higher Education staff from around Europe is a further positive outcome.

## **CULTURAL PROGRAMME**

The courses are delivered in Atlantic Centre of Education in Galway on Ireland's 'Wild Atlantic' Coast, and participants will have ample opportunity to learn about the cultural heritage of both Ireland and the local area. The programme includes a full-day cultural tour to a local area of scenic and heritage value, a guided historical walking tour of Galway city, and afternoon social and cultural activities. Our staff are happy to suggest other tours and events to enjoy during your stay in Galway.



# Suitable for:

All professionals working on Teams or Leading Teams in the private or educational sector.

### Minimum Level of English

B1 (CEFR)

### **Programme Length**

5 days tuition (Monday – Friday) + 1 full-day activity 25 hours

## Certification

Certification of Participation and Attendance

#### **Documents Provided**

STT Invitation letter, Europass, Work Plan (on request), Certificate



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# SAMPLE TIMETABLE

\*SUGGESTED TIMETABLE ONLY, ACTUAL CONTENT MAY VARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Full-Day Excursion on Wild Atlantic Way	Getting to Know You	Diagnosing Problems	Individuals Vs Group; Building Trust & Tolerance	Activities for Creating Exceptional Teams	A New Way to Team Build	
Options include; Connemara Aran Islands Cliffs of Moher	Needs Analysis	Is Your Team Promoting Dysfunctional? Cooperation & Collaboration		Tools for Teambuilding	Participant & peer feedback	
	Reflecting on Past & Present Teams	Peer to Peer Problem Solving	Constructive Criticism Roleplays	Lead your Own Team	Self-reflection & tutor feedback	
	Agreeing on the Concept of "Teams"			Listening as a live audience member	Course Review & Certificate	
	What Makes an Effective TeamCase StudiesSurveying Our Peers					
	Walking Tour of Galway	Pub Night	"Skills Boost" Wednesday Workshop	lrish Culture Workshop	Explore Galway Interactive Tour	

# **COURSE DATES**

JAN	FEB	MAR	APR	ΜΑΥ	JUN	JUL	AUG	SEP	ост	NOV	DEC
			7-11	12-16	23-27	28-1 <sub>Aug</sub>	11-15	15-19	22-26		